

Mountain Home School District Food Services Newsletter

October 2025



National School Lunch Week October 13-17

This year's theme is "Taste The World". Your school lunch passport invites students to taste the global flavors through Chartwells signature program **Global Eats** which introduces students to internationally inspired dishes.

This celebration showcases the benefits of taking advantage of the healthy, delicious, and creative recipes available through our school meal program, but also encourages curiosity about global cultures through food.



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DISCOVERY KITCHEN FUN

SEED TO TABLE

This month's Discovery Kitchen theme gives kids an up-close look to see where their food comes from and how it's grown. Seed to Table is all about fresh, seasonal, and local foods. We're proud to support local farms, celebrate seasonality, and help students and families have fun growing their own vegetables and herbs.

Enjoy a taste of Discovery Kitchen with menu items such as Apple Cucumber Salad and Cinnamon Glazed Carrots.





Dip'n to Flavor Continues

This fall, students can dive into bold new tastes with *Dip'n to Flavor!*—a limited-time cafeteria promotion inspired by trending TikTok flavors. Featuring craveable, student-approved dips like Honey Buffalo, Korean BBQ, Chimichurri Ranch, and Sriracha Honey Mustard, it's all about dip'n, snack'n, and lov'n!

FUN DAYS THIS MONTH:

10/7 Awesome to the core!



10/21 You are SPUDtacular!



10/23 Penne for your thoughts?

