



# Mountain Home School District

## Food Services Newsletter

### Summer 2025



# Youth Summer Food Program

FREE

JUNE 2ND - AUGUST 8TH



## AGES: 1 - 18 YEARS

CARL MILLER PARK (AMERICAN LEGION & 10TH)  
& RICHARD AGUIRRE PARK (990 MCKENNA DRIVE)  
NOON - 1 PM  
MONDAYS - FRIDAYS  
AGES 1 - 18 EAT FREE; LOW COST FOR ADULTS  
HEALTHY MEALS BASED ON USDA GUIDELINES  
FUN, SAFE & EDUCATIONAL OPPORTUNITIES FOR YOUTH  
AFFORDABLE FOR ALL FAMILIES  
NO APPLICATIONS OR PROOF OF INCOME REQUIRED  
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



# PROGRAMA DE COMIDAS DE VERANO

GRATIS

2 DE JUNIO - 8 DE AGOSTO



## 1 - 18 AÑOS

CARL MILLER PARK (AMERICAN LEGION & 10TH)  
& RICHARD AGUIRRE PARK (990 MCKENNA DR)  
MEDIODÍA - 1 PM  
LUNES - VIERNES  
1- 18 ES GRATIS; BUEN PRECIO PARA ADULTOS  
COMIDAS SALUDABLES BASADAS EN LAS DIRECTRICES DEL USDA  
OPORTUNIDADES DIVERTIDAS, SEGURAS Y EDUCATIVAS PARA JÓVENES  
ASEQUIBLE PARA TODAS LAS FAMILIAS  
NO SE REQUIEREN SOLICITUDES NI PRUEBA DE INGRESOS  
ESTA INSTITUCIÓN ES UN PROVEEDOR DE IGUALDAD DE OPORTUNIDADES



## Youth Summer Food Program:

Free lunches provided by St. Vincent de Paul for youth ages 1-18 starting June 2<sup>nd</sup>. Lunches will be available at Carl Miller Park, and Richard Aguirre Park form 12-1pm through August 8<sup>th</sup>.

## Discovery Kitchen At Home:

Check out our refreshing summer recipe.



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chartwells

# Discovery KITCHEN

AT HOME



## Mixed Melon & Pineapple Salad

### INGREDIENTS

- ¾ cup – cubed watermelon
- ¾ cup – cubed honeydew melon
- ¾ cup – cubed cantaloupe melon
- ¾ cup – cubed pineapple

Servings: 4-6

### METHOD

- 1) Gently combine all fruit.

#### Notes:

- Add chopped mint if desired.

Serve & Enjoy

As the temperatures rise in the summer so does your body's need for more fluids. Add berries, cucumber slices and a variety of fresh herbs to your water for a refreshing beverage to keep you cool.

SUMMER  
FUN!

6/11: Corn On The Cobb Day



6/20: Ice Cream Day



7/16: Hot Dog Day

