

## Athletic/Activities Packet

The following information is provided for students who would like to participate in athletics or activities. The following packet should be read completely and signed by the parent/guardian. Significant changes have been made to the Procedure Governing Code of Conduct Violations and are highlighted below.

**At the end of each section there is a check box that indicates that you have read and understand the contents of that section. These check boxes are required to submit the packet.** If you have questions or concerns regarding the information contained within the Athletic Packet please contact the District Athletic Director at the High School.

Mountain Home School District 193

### STUDENT CODE OF CONDUCT AND RESPONSIBILITY FOR PARTICIPATION AGREEMENT IN EXTRACURRICULAR AND CO-CURRICULAR ACTIVITIES

#### I. Policy Statement/Code of Conduct

Students participating in extracurricular activities and co-curricular activities must realize these are special opportunities that in most cases will only occur during their junior and senior high school years. When a Mountain Home High School student visits another school, he/she represents everything that is associated with their activities or sports. This includes all the hard work and extra time it takes to become a successful team or organization. In some cases, the students will be wearing the school colors and a uniform that represents pride in the school and its traditions. These students represent the school, coaches, fellow participants and the community ... it is a tremendous responsibility and honor.

Our school district considers participation in extracurricular and co-curricular activities to be a privilege. As a student participating in an extracurricular and co-curricular activity, it is your responsibility to conduct yourself according to the highest standards of behavior at all times. Students in school or involved in school activities either on or away from the school premises are expected to obey their school officials, respect property, maintains order and decorum and conduct themselves in a manner as to bring credit upon themselves and their school.

Participants who fail to follow or adhere to established rules and policies will be disciplined according to procedures listed below and their opportunity to participate in further extracurricular and co-curricular activities may be limited or denied.

#### Definition of Extracurricular and Co-curricular Activities

**Extracurricular Activities** are defined as those activities that take place outside of the regular school day and do not involve class credit.

**Co-curricular activities** are defined as any activity held in conjunction with a credit-bearing class but outside of the regular school day including, but limited to, activities such as debate, drama, band, and choir.

#### II. Academic Requirements to Participate in Extracurricular & Co-curricular Activities

All participating students in extracurricular and co-curricular activities are expected to place their academic requirements above all else and devote their attention to achievement in the classroom.

Extracurricular and co-curricular activities are considered a privilege and a supplement to a student's overall education.

In order to participate in extracurricular and/or co-curricular activities, a student must comply with Rules of the Idaho High School Activities association (IHSAA) governing academic eligibility.

The athletic director or activity advisor will provide a list of ineligible students to coaches, sponsors and directors five (5) days following the end of the semester. A student will be allowed to participate until the list is made available. A student will be declared ineligible on the day the coaches, sponsors, or directors receive the list of ineligibility.

A student must attend at least two periods for the high school & three periods for the Jr. High the day of a scheduled school activity or athletic event when classes are in session in order to participate in the extracurricular and/or co-curricular activity. Failure to attend school will make a student ineligible for participation of that day's extracurricular and co-curricular event.

All students involved in extracurricular and co-curricular activities are responsible to make arrangements with teacher regarding assignments, makeup tests or other responsibilities prior to departing school for such events.

**III. Prohibited Conduct and Consequences**

**A. Policy Statement:**

It is the policy of this school and the school district that a student participating in extracurricular and co-curricular activities shall not engage in the prohibited conduct described herein below, in school or out of school, at any time during the scholastic year, as defined as the beginning of the fall sports/activity season and ending the last day of the school year. To insure that all students understand this policy, prior to the start of the season, coaches or activity sponsors shall, during a meeting thoroughly review this policy with prospective members or participants.

**B. Minor Infraction:**

A minor infraction involves student behavior that occurs while the student is engaged in an extracurricular and co-curricular activity or is otherwise under the direct supervision of a coach or activity advisor. A minor infraction is one that is determined to be a slight deviation from acceptable behavior or stated student expectations, such as inattentive behavior or school truancy. The coach or activity sponsor will handle these minor infractions as soon as possible. It will be at the coach or advisor's discretion as to what punishment is given. The punishments are listed below:

**1. First Offense:**

The coach or activity sponsor shall verbally reprimand the student on the inappropriateness of the action.

**2. Second Offense:**

On the occasion of a second offense, a student and parent conference may be held with the coach or activity advisor. The student may be placed on a probationary status, this requires the student's complete cooperation and respect for the rules which apply to participation in the extracurricular and co-curricular activity. At this time the student and the parent will be advised of the consequences if a third offense should occur.

**3. Third Offense:**

The student may be dismissed from the extracurricular and co-curricular activity for the remainder of the season or duration of the activity.

The student may request and be granted an appeal hearing by the principal, or the principal's designee. The principal, at his or her discretion can prevent the student from participating for five (5) school days with the intent of scheduling a hearing within that period of time. The hearing procedure will follow Section III E see following column:

**C. Major Disciplinary**

**Violations:**

Include but are not limited to: insubordination to a coach, unauthorized entry and/or theft and/or vandalism of school property; verbal or physical abuse of other students, school employees, or visitors; possession, use, sale, distribution and/or intent to distribute any illegal or controlled substance, use and/or possession of tobacco or alcohol; possession of firearms or weapons on campus; making bomb threats or activating the school fire alarm without appropriate cause.

In the event of a fight, if school administration can determine that the individual involved in said fight was not the instigator of the fight, then that individual will only be suspended from extracurricular/activities participation for the duration of school suspension.

**D. Substance Abuse, Criminal Conduct and Other Prohibited Conduct:**

1. Breaking of any of the criminal laws of any city, county, state or the United States, other than infraction or minor traffic violations. Examples of breaking the law includes, but are not limited to, theft, vandalism, burglary, assault, battery and unauthorized possession of a firearm or other object that could be used as a weapon.
2. Using, possessing, distributing, selling, giving and/or exchanging tobacco products and/or tobacco paraphernalia.
3. Insubordination and/or persistent negative attitude related to practices, contests, officials, coaching or sponsor directives.
4. Physical and/or verbal abuse (i.e. hazing, fighting, harassment) of other members or potential members of athletic and/or activity groups.
5. Actions of sexual misconduct and/or harassment.

6. Discrimination based on race, color, religion, sex, national origin or handicapped condition.
7. Any act or omission resulting in expulsion from school. The Mountain Home High School District pursuant to Idaho Code Section 33-205 regulates this.

**Procedure Governing Code of Conduct Violations:**

If any member of the school's administration, faculty or coaching staff witnesses or has evidence of a student's use of, being in possession of, or being under the influence of any of the previously mentioned substances or having committed any of the above enumerated prohibited or criminal acts either on or off campus, the student's conduct shall be handled with one of the following procedures.

**1. First Infraction:**

**In Season:** The first infraction results in a suspension from participation for the remainder of the season. Before the student/athlete participates in another activity they must complete 10 hours of community service. The nature of that service will be determined by school administration. If needed, the student must also complete a substance abuse class through the school before returning to another activity.

**Out of Season or In-Between Season:** If the student/athlete is out of season or in-between seasons, they will serve a mandatory 3-week suspension from the next sport they participate in. Before the student/athlete participates in another activity they must complete 10 hours of community service. The nature of that service will be determined by school administration. During this suspension, the athlete is not to participate in practices until his/her community service and (if needed) substance abuse class is complete. When the student/athlete returns from their suspension, they must also participate in 10 practices before being eligible to compete in a game.

**Substance Abuse Violation:** All athletes that break the substance abuse policy (in season or out) must also complete an online substance abuse class through MHHS. The cost of this class must be paid by the student. MHHS will not cover the cost of this class for any athlete that breaks the substance abuse policy.

**2. Second Infraction:** The second infraction results in suspension from all activities for the remainder of the school year.

I have read, understand and will comply with all of the above information discussed in the Participation Agreement form.  \*(required)

**TRANSPORTATION POLICY**

The following procedure is to be adhered to by all activity advisors, teachers, and coaches when students are transported on district buses, chartered buses, or by individuals driving personal automobiles and transporting students on any of the following events:

1. Classroom field trips.
  2. Activity club field trip or destination trip.
  3. Athletic event.
  4. Any school sponsored trip.
- Students participants MUST Ride school provided transportation to and from the destination of the scheduled event.
  - Students may only ride home with someone other than the supervising teacher, coach, or advisor when their parent/guardian is present and permission is granted.
  - If, for some extraordinary reason, a student needs to ride home with someone different than a parent/guardian or because of some other special circumstances requiring the student to drive themselves, the following MUST take place before the day before the scheduled departure:
    1. Parent/guardian contact MUST be made with the advisor, coach, or teacher.
    2. A statement in writing from the parent/guardian MUST be on file in the principal's office stating the following information:
      - a. Valid reason for not riding on transportation provided.
      - b. With whom the student will be riding. (Person MUST be older than 21 years of age.)
      - c. If riding with another parent/guardian, their acceptance of responsibility in writing MUST accompany statement filed.
      - d. The statement must include that the parent/guardian accepts responsibility and liability in FULL for any adverse events.
      - e. The statement of release MUST be signed and dated.
      - f. In the event that a student must drive him/herself, a mandatory conference will be held with the student, parent/guardian, teacher/coach/advisor, and principal. In addition, the student MUST provide a liability release from the school district and a copy of the route the student will take.

I have read, understand and will comply with all of the above information discussed in the Participation Agreement form.  *(required)*

**RELEASE AND ATHLETIC PARTICIPATION INFORMATION**

My student has expressed a desire to participate in a Mountain Home District Athletic Activity. The information provided is important for a successful experience. PLEASE READ the information carefully. If you have any questions, contact or call your child's coach or school activities director. Before such athlete is allowed to practice or check out uniforms, you are required to READ, SIGN, and RETURN the release and participation information to the appropriate head coach.

1. Each athlete must have on file a passed physical examination (9th and 11th grade, or any student new to the district) followed by an interim questionnaire completed by the parent (10th and 12th grade). The examination or questionnaire must be completed prior to beginning practice. Cost incurred for the physical examination will be the responsibility of the parent/guardian.

2. **Notice of Risk:** Student athletes and the student's parent/guardian need to be aware that sport activities involve risk of injury. When an athlete practices, plays, or participates in any sport, the activity can be dangerous. The student risks serious and permanent injury affecting their wellbeing. Instruction given by the coach regarding playing techniques, training and team rules must be followed.

3. Mountain Home School District 193 is not liable or responsible for any medical, dental or hospital bills occurring as a result of injuries sustained by a student while participation in a school athletic activity or sport. All injury related expenses shall be the responsibility of the student's parents/guardians.

4. Select one and type your initials in the textbox at the end of your selection.

\* I have insurance that will pay for medical expenses if my student is injured while participating in a school sport.

\* I have purchased one of the student insurance plans.

\* I do not have insurance for my student and understand that the School District is not responsible and will not pay any doctor, hospital and medical expenses if my student is injured while participating in any school sport.

5. Recognizing that as a result of athletic participation, medical treatment on an emergency basis may be necessary and that school personnel may be unable to contact me for my consent for emergency medical care. Including tests, x-rays, surgery, and hospital care as may be deemed necessary under the then existing circumstances.

6. I give my permission for my student to participate in the following sports/activities. Please check the activities that My student will participate in this school year:

<input type="checkbox"/> Baseball ( <i>grades 9-12 only</i> )	<input type="checkbox"/> Basketball ( <i>grades 7-12 only</i> )	<input type="checkbox"/> Cheerleading ( <i>grades 9-12 only</i> )
<input type="checkbox"/> Cross Country ( <i>grades 6-12 only</i> )	<input type="checkbox"/> Dance ( <i>grades 9-12 only</i> )	<input type="checkbox"/> Football ( <i>grades 7-12 only</i> )
<input type="checkbox"/> Golf ( <i>grades 9-12 only</i> )	<input type="checkbox"/> Soccer ( <i>grades 9-12 only</i> )	<input type="checkbox"/> Softball ( <i>grades 9-12 only</i> )
<input type="checkbox"/> Tennis ( <i>grades 9-12 only</i> )	<input type="checkbox"/> Track ( <i>grades 6-12 only</i> )	<input type="checkbox"/> Volleyball ( <i>grades 7-12 only</i> )
<input type="checkbox"/> Wrestling ( <i>grades 5-12 only</i> )	<input type="checkbox"/> Other	

7. All athletes are expected to conform to the rules of scholastic eligibility, participation and training as prescribed by the Idaho High School Activities Association, The Mountain Home High School District, and the athletic coaching staffs. This information will be reviewed prior to the start of the sport season with each athlete.

8. Transportation

A. The Mountain Home School District provides transportation for participants both to and from the location of athletic contests.

Participants must be transported by district transportation to and from athletic or related scheduled events. \*\*Students may ride home from an event with parents only if permission is granted by the coach or advisor.

B. Particular activities may warrant the use of private carriers if the proper owner operator vehicle form is completed or prearranged written and verbal communications on file in the principal's office.

9. School day

All athletes are expected to be in school for a minimum of half the class periods for a complete school day in order to be eligible to participate in practice or a contest. A written note from a doctor or school administrator stating the reason for the absence must be turned into the office prior to participation

*In the event of an accident, it will be the responsibility of the principal to make a full and complete report to the District's Administration Office.*

I have read, understand and will comply with all of the above information discussed in the Participation Agreement form.  \*(required)

**ACTIVITY/ATHLETIC PARTICIPATION AGREEMENT**

My student has expressed a desire to participate in an interscholastic sport or activity offered by Mountain Home High School and School District No. 193. **PLEASE READ THIS AGREEMENT CAREFULLY.** If you have any questions, please contact or call the appropriate advisor or head coach, or the athletic director. Before your son/daughter is allowed to practice, participate, check out equipment or uniforms, this agreement must be read and signed by both participant and parent/guardian.

**Student Eligibility Requirements**

In order to practice or participate each student must adhere to all of the following requirements.

**1. Age**

A student cannot exceed twenty years of age. A student becomes ineligible on his/her twentieth birthday. This rule is not applicable to the state.

**2. Academics**

Athletes and participants must be enrolled full-time and have maintained a 2.0 GPA during the previous semester of school. Plus, may not have failed or received no credit due to attendance issues in more than one class in the previous semester or grading period for which credit is granted.

A student must have satisfactorily completed the proceeding semester and the academic eligibility requirements to be eligible for the current semester. Student may take correspondence course to become eligible. However, those final grades must be turned into the school prior to the student's participation in game or practice. In the event that try-outs & cuts are conducted the student must have all final grades submitted to the school prior to try-outs. In the event that a student is eligible by IHSAA standards but fails to meet the district eligibility standards they may petition in letter format to the hardship committee in order to be granted eligibility. In order to be granted eligibility the circumstances of their situation must be unforeseen, uncontrollable, and unavoidable in nature. Please note that only situations that are of the extreme or unusual nature will be considered.

**3. Attendance**

In order to participate in a contest a student must be in attendance at least 2 periods for High School students and 3 periods for Jr. High students the day of the contest. Truant or suspended students are not allowed to participate or practice.

**4. Non-school sport participation**

A student who is a member of any regular team, (first, second, varsity, junior varsity, sophomore) may not participate during that sport season on any non-school team in that sport.

**5. Forms**

All athletic and activity participants must have the following forms completed and on file in the athletic director's office or his/her designee.

- A. Physical-current 9th and 11th grade or new to district.
- B. Interim questionnaire 10th and 12th grade.
- C. Release and participation
- D. Medical card

**6. Practice**

A student must have ten days of practice prior to the first interscholastic athletic competition in a sports season, except in the sport of golf. All participants involved in athletics or activities must attend practices on a regular basis in order to participate in competition.

**7. Powder Puff/Macho Man**

Homecoming activities at Mountain Home High School are designed to encourage good sportsmanship and encourage the participation of all students in the week's activities. Macho Man Volleyball for boys and Powder Puff Football for girls will be open to those students not involved in fall athletics including cheerleading and dance.

**8. Coaches Additions**

Individual coaches may implement more stringent eligibility requirements and team rules than those stated on the participation agreement form.

**9. Injury return to play policy**

Any participant who receives an injury and seeks medical attention from a doctor must be released by a doctor before they can return to practice or game participation.

I have read, understand and will comply with all of the above information discussed in the Participation Agreement form.  *\*(required)*

**CONCUSSION INFORMATION**

Concussions are a type of brain injury that can range from mild to severe and can disrupt the way the brain normally works. Concussions can occur in any organized or unorganized sport or recreational activity and can result from a fall or from players colliding with each other, the ground, or with obstacles. Concussions occur with or without loss of consciousness but the vast majority occur without loss of consciousness.

In accordance with Section 33-1620, Idaho Code the Idaho High School Activities Association has provided information on its website for coaches, parents, and athletes, concerning the Identification and Management Strategies regarding concussions. The IHSAA encourages all coaches, parents, and athletes to educate themselves about the recognition and treatment of concussions. Please take the time to visit our website at [www.idhsaa.org](http://www.idhsaa.org). If you have any questions or need of further information, please contact your school or the IHSAA Office at [admin@idhsaa.org](mailto:admin@idhsaa.org).

It is the wish of the IHSAA that you have a safe and enjoyable sport or activity season.  
Idaho High School Activities Association

I have read, understand and will comply with all of the above information discussed in the Participation Agreement form.  *\*(required)*

**ATHLETIC EMERGENCY INFORMATION**

Please review the following information carefully. Type any corrections in the text boxes immediately to the right of the field.  
Fields marked with an \* are required. You will not be able to submit the athletic packet if these fields are blank.

**Student's Name**

	Student Number	
	Grade level	
	Gender	
	DOB	

**STUDENT INFORMATION**

Address		
Mailing Address		
Home Phone		
Student Cell		
Student email		

PARENT INFORMATION		
Parent/Guardian Name		
Contact Priority		
Student resides here		
Home phone		
Cell phone		
Work/Duty phone		
Parent/Guardian Name		
Contact Priority		
Student resides here		
Home phone		
Cell phone		
Work/Duty phone		
In case of emergency during an athletic event, and parent/guardian cannot be contacted notify:		
Phone		
STUDENT HEALTH		
Does your student wear glasses/contacts?		
Does your student wear a hearing aid?		
Doctor		
Doctor Phone		
Insurance Company		
Insurance Company Phone		
Known Allergies		
Medical Conditions		
Last Tetanus		
The team physician, trainer, or coach may apply first aid treatment until the family doctor can be contacted.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
We give our consent for coaches, athletic trainers, and team physicians to use their own judgement in securing medical aid and ambulance service in case the parent/guardian cannot be reached.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<b><u>PARENT/GUARDIAN SIGNATURE</u></b>		
I have read, understand, and accept the terms and conditions stated in the Participation Packets form. I also certify that all of the above information is correct to the best of my knowledge.		
	Parent signature <i>(type full name)</i>	
	Date	



**LEGAL REFERENCE:**

Idaho Code 33-512(12)

**ADOPTED:** (Previously board approved, July 15, 2015, as part of the Student Athletic/Activities Handbook.)

**Adopted as part of the stand-alone policy:** August 16, 2016