

Mountain Home High School and School District #193

Release and Athletic Participation Information

To be read and complied with by Parent/Guardian and Student

Your son/daughter has expressed a desire to participate in a Mountain Home District Athletic Activity. The information provided is important for a successful experience. **PLEASE READ the information carefully.** If you have any questions, contact, or call your child's coach or school activities director. Before such athlete is allowed to practice or check out uniforms, you are required to READ, and SIGN a statement that you agree with the information in this release and participation information form.

1. Each athlete must have on file a passed physical examination (9th and 11th grade, or any student new to the district) followed by an interim questionnaire completed by the parent (10th and 12th grade). The examination or questionnaire must be completed prior to beginning practice. Cost incurred for the physical examination will be the responsibility of the parent/guardian.

2. **Notice of Risk:** Student athletes and the student's parent/guardian need to be aware that sport activities involve risk of injury. When an athlete practices, plays, or participates in any sport, the activity can be dangerous. The student risks serious and permanent injury affecting their well-being. Instruction given by the coach regarding playing techniques, training and team rules must be followed.

3. Mountain Home School District 193 is **not** liable or responsible for any medical, dental or hospital bills occurring as a result of injuries sustained by a student while participating in a school athletic activity or sport. All injury related expenses shall be the responsibility of the student's parents/guardians.

4. You must

A. Have insurance that will pay for medical expenses if your child is injured while participating in a school sport,

B. Or sign a statement confirming that you understand that the School District **is not** responsible and will **not** pay any doctor, hospital and medical expenses if your child is injured while participating in any school sport or activity.

5. You should recognize that as a result of athletic participation, medical treatment on an emergency basis may be necessary and that school personnel may be

unable to contact you for your consent for emergency medical care. Including test, x-rays, surgery, and hospital care as may be deemed necessary under the then existing circumstances.

6. All athletes are expected to conform to the rules of scholastic eligibility, participation and training as prescribed by the Idaho High School Activities Association, The Mountain Home High School District, and the athletic coaching staffs. This information will be reviewed prior to the start of the sport season with each athlete.

7. Transportation

A. The Mountain Home School District provides transportation for participants both to and from the location of athletic contests.

B. Participants must be transported by district transportation to and from athletic or related scheduled events. **Students may ride home from an event with parents only if permission is granted by the coach or advisor.

C. Particular activities may warrant the use of private carriers if the proper owner operator vehicle form is completed or prearranged written and verbal communications on file in the principal's office.

8. School day

All athletes are expected to be in school for a minimum of half the class periods for a complete school day in order to be eligible to participate in practice or a contest. A written note from a doctor or school administrator stating the reason for the absence must be turned into the office prior to participation.

Mountain Home High School and School District #193

Activity/Athletic Participation Agreement

Your son/daughter has expressed a desire to participate in an interscholastic sport or activity offered by Mountain Home High School and School District No. 193. **PLEASE READ THIS AGREEMENT CAREFULLY.** If you have any questions, please contact, or call the appropriate advisor or head coach, or the athletic director. Before your son/daughter is allowed to practice, participate, check out equipment or uniforms, this agreement must be read and a statement to that fact signed by both participant and parent/guardian.

Student Eligibility Requirements

To **practice** or **participate** each student must adhere to all of the following requirements.

1. Age

A student cannot exceed twenty years of age. A student becomes ineligible on his/her twentieth birthday. This rule is not applicable to the state.

2. Academics

Athletes and participants must be enrolled full-time and have maintained a 2.0 GPA during the previous semester of school. Plus, may not have failed or received no credit due to attendance issues in more than one class in the previous semester or grading period for which credit is granted.

A student must have satisfactorily completed the proceeding semester and the academic eligibility requirements to be eligible for the current semester. Student may take correspondence course to become eligible. However, those final grades must be turned into the school prior to the student's participation in game or practice. If try-outs & cuts need to be conducted the student must have all final grades submitted to the school prior to try-outs. If a student is eligible by IHSAA standards but fails to meet the district eligibility standards they may petition in letter format to the hardship committee in order to be granted eligibility. To be granted eligibility the circumstances of their situation must be unforeseen, uncontrollable, and unavoidable in nature. Please note that only situations that are of the extreme or unusual nature will be considered.

3. Attendance

In order to participate in a contest a student must be in attendance at least 2 periods for High School students and 3 periods for Jr High students the day of the contest. Truant or suspended students are not allowed to participate or practice.

4. Non-school sport participation

A student who is a member of any regular team, (first, second, varsity, junior varsity, sophomore) may not participate during that sport season on any non-school team in that sport.

5. Forms

All athletic and activity participants must have the following forms completed and on file in the athletic director's office or his/her designee.

- A. Physical-current 9th and 11th grade or new to district.
- B. Interim questionnaire 10th and 12th grade
- C. Release and participation
- D. Medical card

6. Practice

A student must have ten days of practice prior to the first interscholastic athletic competition in a sports season, except in the sport of golf. All participants involved in athletics or activities must attend practices on a regular basis to participate in competition.

7. Powder Puff/Macho Man

Homecoming activities at Mountain Home High School are designed to encourage good sportsmanship and encourage the participation of all students in the week's activities. Macho Man Volleyball for boys and Powder Puff Football for girls will be open to those students not involved in fall athletics including cheerleading and dance. This rule still applies even if the fall sport that a specific student is participating in has ended by the date of these 2 events. Further participation in these events is a privilege and is at the discretion of the AD and school administration.

8. Coaches Additions

Individual coaches may implement more stringent eligibility requirements and team rules than those stated on the participation agreement form.

9. Injury and Return to play policy

Any participant who receives an injury and seeks medical attention from a doctor must be released by a doctor before they can return to practice or game participation.